



## 2010 ALL STAR SOCCER CAMP

DATE: AUGUST 2<sup>nd</sup> - AUGUST 6<sup>TH</sup>

TIME: 6 - 8:30 PM

LOCATION: DECOU SOCCER FIELDS

Camp will start promptly at 6pm.

All players must bring with them: cleats, shin pads, plenty of water and a soccer ball.

Each day will conclude with small sided scrimmages , any player without shin pads will not be able to participate.

We have designed this years camp to be both fun and informative, our goal is to properly prepare each individual for the upcoming soccer season through a series of skills and drills that are a necessary part of the game. Players will also be introduced to the fitness side of the sport. A program will be a part of the camp that will include, dynamic stretching techniques, speed and agility exercises and drills that will aid in balance and mobility.



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Application

Players Name \_\_\_\_\_ Age \_\_\_\_\_

Parents Name \_\_\_\_\_ Phone \_\_\_\_\_

E-Mail \_\_\_\_\_ Cell \_\_\_\_\_

Coaches Name \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_

Does player have any medical restrictons that we should be aware of?

\_\_\_\_\_

Payable to CHFC. Amount \$85.00 Check # \_\_\_\_\_

Please mail to : All Star Soccer Camp

C/O 2 Seventh Avenue, Cherry Hill NJ 08003