

**Cherry Hill FC**  
**All Star Soccer Camp**  
**Decou Soccer Complex**

**Camp Dates:** August 3rd - 7th 2009

**Times:** 6pm - 8:30pm

**Cost:** \$85 Per Player

Our experienced, club approved staff consisting of former professionals and collegiate players had designed a camp program that will enhance the skill and technical levels of all players, from the beginner to the advanced.

The goal of the camp is to provide our soccer players with a fun, educational and challenging experience through a combination of skills and drills that will greatly improve the players individual abilities.

Players will progress through the week long camp only with others of the same basic age group and similar ability levels. This, along with small groupings will help us ensure that each player will receive plenty of individual attention.

A portion of the camp will be dedicated to a speed, agility, strength and conditioning program specifically designed to improve and enhance the athletic performance of all players. The creative sessions are formatted with the correct work to rest ratio, basic mechanics, warm ups, dynamic stretching routines, drills and games will challenge each players neuromuscular kinesthetic and cardio muscular awareness.

Each day camp will conclude with small sided games where the players will be challenged to display the skills they have learned during the camp. Parents and coaches are welcome to watch these games and any portion of the camp they may desire.

Questions : [soccertraining2003@yahoo.com](mailto:soccertraining2003@yahoo.com)

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Application

Players Name \_\_\_\_\_ DOB \_\_\_\_\_

M \_\_\_\_\_ F \_\_\_\_\_ Parents Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Players current team \_\_\_\_\_ Coach \_\_\_\_\_

Club Name \_\_\_\_\_ Playing Exp. (yrs) \_\_\_\_\_

Does player have any specific medical conditions that we should be aware of ? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain \_\_\_\_\_

Payment Information: Check # \_\_\_\_\_ Amount \$85.00

Payable to: Cherry Hill FC

Mail To : Cherry Hill FC  
All Star Soccer Camps  
2 Seventh Avenue  
Cherry Hill NJ 08003